

STRONG_{kids}

Screening risk of malnutrition: once a week in children aged 1 month – 18 years	Score → Points	
Is there an underlying illness with risk for malnutrition (<i>see list</i>) or expected major surgery?	No	Yes → 2
Is the patient in a poor nutritional status judged with subjective clinical assessment?	No	Yes → 1
Is one of the following items present? <ul style="list-style-type: none"> ▪ Excessive diarrhoea (≥5 per day) and/or vomiting (> 3 times/day) ▪ Reduced food intake during the last few days ▪ Pre-existing nutritional intervention ▪ Inability to consume adequate nutritional intake because of pain 	No	Yes → 1
Is there weight loss or no weight increase (infants < 1year) during the last few weeks-months	No	Yes → 1

- Anorexia nervosa
- Burns
- Bronchopulmonary dysplasia (maximum age 2 years)
- Celiac disease
- Cystic fibrosis

- Dysmaturity/prematurity (corrected age 6 months)
- Cardiac disease, chronic
- Infectious disease (AIDS)
- Inflammatory bowel disease
- Cancer

- Liver disease, chronic
- Kidney disease, chronic
- Pancreatitis
- Short bowel syndrome
- Muscle disease

- Metabolic disease
- Trauma
- Mental handicap/retardation
- Not specified (classified by doctor)

Scoring screening tool

Risk for malnutrition and need for intervention		
4-5 points	High risk	Consult doctor and dietician for full diagnosis and nutritional advice. Start prescribing sip feeds until further diagnosis
1-3 points	Medium risk	Consult doctor for full diagnosis; consider nutritional intervention with dietician
0 points	Low risk	No intervention necessary