Rotate the BMI classification disc until the height equals the body weight. The red arrow indicates the BMI.

**Ask these questions**

- **Did you lose weight unintentionally?**
  - more than 3 kg in the last month
  - more than 6 kg in the last 6 months

- **Are you only capable of eating and drinking with help?**

- **Have you experienced a decreased appetite over the last month?**

**Measure BMI**

- BMI below 20 equals red
- BMI 20 to 22 equals orange
- BMI 22 to 28 equals green
- BMI above 28 equals overweight

**Total score of questions + BMI**

- 
- 
- 
-
Screen and weigh* at admission and every three months
Document score in patients’ record

- No action
- 2-3 in-between meals per day
  - Motivate the patient to eat
  - Monitor the food intake
- 2-3 in-between meals per day, enriched meals and monitoring of the food intake
- Report to physician for consultation dietician
- Start dietetic treatment ≤ 3 days after screening
- Evaluate treatment 5 days after start of dietetic treatment

* Weighing
- 1 x per 1-3 month
- 1 x per month
- 1 x per month

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and treatment
of malnutrition
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