

Rate-a-Plate

is your patient eating enough?

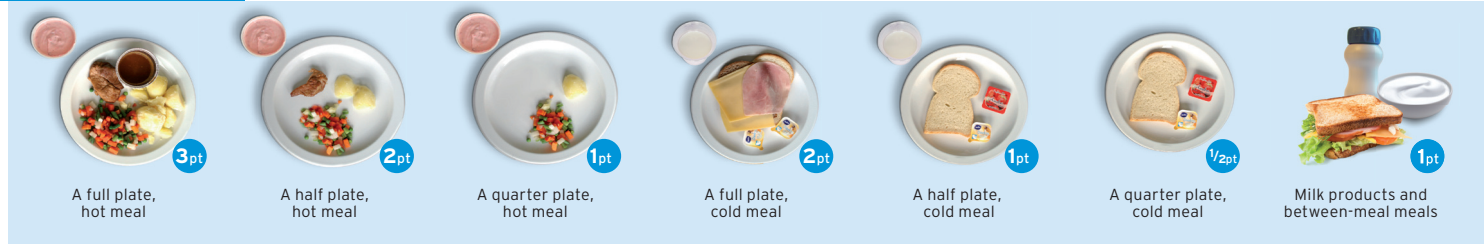
Name of patient:

Date: Week number:

Score screening:

Fluid intake (ml)

The diet aide or nurse may note the points scored on the table below, or write down what the patient has eaten or drunk. The total score provides a daily overview.



	Breakfast		In-between meal (morning)		Cold meal		In-between meal (afternoon)		Hot meal		In-between meal (evening)		Total	Total fluids
	offered	eaten	offered	eaten	offered	eaten	offered	eaten	offered	eaten	offered	eaten		
Mon	1 sandwich, cheese												
Fluids	1 glass of juice	... ml												
Tue														
Fluids														
Wed														
Fluids														
Thu														
Fluids														
Fri														
Fluids														
Sat														
Fluids														
Sun														
Fluids														